



Program Learning/Performance Objectives and Mentor Checklist for all Study Guides (Plan A, Plan B, Plan V)

Study Guide 15 – RACE WALKING

Participant’s Name: _____ **Mentor Name** _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for 1-4 years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meets but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. *Note: Some of the items on the checklist may be “Not Applicable (NA) but those items are very limited. Ex. A 14-year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.*

Learning/Performance Objectives – Race Walking What the JOP should be able to do or explain...	PO#	Date Completed	Mentors’ Initial
Judges of Race Walking – USATF Rule 230	RW1		
Yellow Paddle – Indicating an offense	RW2		
Disqualification - Red cards/ Red paddle	RW3		
Penalty Zone and time limits (USATF)	RW4		
Race Walking Officials	RW5		
General Rules	RW6		
Race Conduct	RW7		
Courses and Conditions for Walking Events	RW8		
Rules for Race Walking Officials Handbook (RW9 – RW 23)	RW9		
Rules of Race Walking	RW10		
USATF Rules of Competition	RW11		
Race Walk Officials	RW12		
Records	RW13		
Judging Race Walk Events	RW14		
Duties of the Chief Judge	RW15		
Procedures for Making Race Walking Calls	RW16		
Red Card collectors	RW17		
Duties of the Recorder	RW18		
Operating the Red Card Posting Board	RW19		
Umpire Calls	RW20		
Uniform	RW21		
Judging Philosophies and Practices	RW22		
Pit Lane Rule (IAAF)	RW23		
Water/Refreshments	RW24		



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Comments: _____
